

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:30 a.m. Daily Announcements 10 a: Exercise 11 a: <i>Dear Abby</i> 2:30 p: B I N G O 4:30 p: Card games 6:00 p: Music therapy	8:30 a: Daily Announcements 2 9 a: Bike Club meet up in Therapy Room 11 a: Armchair travel: <i>Let's go to the Maldives!</i> ** 2:30 p: Resident Council meeting ** 4:30 p: History documentary	8:30 a: Daily Announcements 3 10 a: Exercise 11 a: PRETTY NAILS 2 p: Resident Support group 3 p: Yoga with Shannon! 5:30 p: Movie night: <i>Mr. Right</i>	8:30 a: Daily Announcements 4 10 a: Creative corner with April 2 p-4p: East patio time 3 p: Saturday Matinee: Jaws 6 p: <i>Ghost stories & s'mores</i>
8:30 a: Daily Announcements 5 10:30 a: Bible Study 2 p-4p: West patio time 3 p: Connect Four 5:30 p: Netflix & chill	8:30 a: Daily Announcements 6 10 a: Exercise 11 a: Hospitality hour 2 p - 4p: LABOR DAY PICNIC social! + games & music! 5:30 p: Resident choice	8:30 a: Daily Announcements 7 11 a: <i>Making a Masterpiece: Watercolor pencil class</i> 2 p: Ladies' Club 3 p: <u>Meditation hour with Shannon</u> 5:30 p: Chair stretches	8:30 a: Daily Announcements 8 10 a: Exercise 11 a: <i>Dear Abby</i> ORDER OUT LUNCH 2:30 p: B I N G O 5:30 p: Music therapy	8:30 a: Daily Announcements 9 9 a: Bike Club meet up in Therapy Room 11 a: Armchair Travel: <i>Let's go to Paris!</i> 2 p: Men's Club 3 p: This or That? 5:30 p: King's Corner **Resident Shopping**	8:30 a: Daily Announcements 10 10 a: Exercise 11 a: PRETTY NAILS 2 p: Resident Support group 3 p: <u>Yoga with Shannon!</u> 5:30 p: Movie night: <i>The Whole Nine Yards</i>	8:30 a: Daily Announcements 11 10 a: Sensory group 2 p-4p: East patio time 3 p: Saturday Matinee: Karate Kid 6 p: Card games
8:30 a: Daily Announcements 12 10:30 a: Bible Study 2 p-4p: West patio time 3 p: I-spy games 5:30 p: Netflix & chill	8:30 a: Daily Announcements 13 10 a: Exercise 11 a: Garden chat 2 p: Computer class: <i>Back to School</i> 3 p: Reminiscing hour 5:30 p: <i>Jeopardy</i> re-runs	8:30 a: Daily Announcements 14 11 a: BYOB: Bring Your Own Book club , 1st meetup 2 p: Ladies' Club 3 p: <u>Meditation hour with Shannon</u> 5:30 p: Card games	8:30 a: Daily Announcements 15 10 a: Exercise 11 a: <i>Dear Abby</i> 2:30 p: B I N G O 5:30 p: Music documentary	8:30 a: Daily Announcements 16 9 a: Bike Club meet up in Therapy Room 11 a: Armchair Travel: <i>Let's go to Egypt!</i> 2 p: Men's Club 3 p: Wii bowling 6 p: Windown hour: Audiobook + herbal tea	8:30 a: Daily Announcements 17 10 a: Exercise 11 a: PRETTY NAILS 2 p: Resident Support group 3 p: <u>Yoga with Shannon!</u> 5:30 p: Movie night: <i>Yours, Mine & Ours</i>	8:30 a: Daily Announcements 18 10 a: Creative corner with April 2 p-4p: East patio time 3 p: Saturday Matinee: Chinatown 6 p: The Universe documentary
8:30 a: Daily Announcements 19 10:30 a: Bible Study 2 p-4p: West patio time 3 p: Jewelry making with Lexi 5:30 p: Netflix & chill	8:30 a: Daily Announcements 20 10 a: Exercise 11 a: Hospitality hour 2 p: Computer class: <i>Back to School</i> 3 p: Music therapy 6 p: Resident choice	8:30 a: Daily Announcements 21 11 a: Sensory group: <i>Spatial Recognition</i> 2 p: Ladies Club 3 p: <u>Meditation hour with Shannon</u> 5:30 p: Windown hour: Audiobook + herbal tea	8:30 a: Daily Announcements 22 10 a: Exercise 11 a: <i>Dear Abby</i> 2:30 p: B I N G O 5:30 p: Connect Four	8:30 a: Daily Announcements 23 9 a: Bike Club meet up in the Therapy Room 11 a: Armchair travel: <i>Let's go to Thailand!</i> 2 p: Men's Club 3 p: <i>Four Corners Cafe: A Mississippi Valley Experience</i> 6 p: Uno **Resident shopping**	8:30 a: Daily Announcements 24 10 a: Exercise 11 a: PRETTY NAILS 2 p: Resident Support group 3 p: <u>Yoga with Shannon!</u> 5:30 p: Movie night: <i>Due Date</i>	8:30 a: Daily Announcements 25 10 a: King's Corner tournament 2 p-4 p: East patio time 3 p: Saturday Matinee: My Fair Lady 6 p: Reminiscing hour
8:30 a: Daily Announcements 26 10:30 a: Bible Study 2 p-4p: West patio time 3 p: Sensory group: <i>Textures</i> 5:30 p: Netflix & chill	8:30 a: Daily Announcements 27 10 a: Exercise 11 a: <i>Making a Masterpiece: Watercolor pencil class</i> 2 p: Computer class: <i>Back to School</i> 3 p: Music therapy 6 p: Resident choice	8:30 a: Daily Announcements 28 11 a: BYOB: Bring Your Own Book club 2 p: Ladies Club 3 p: <u>Meditation hour with Shannon</u> 5:30 p: Jeopardy re-runs	8:30 a: Daily Announcements 29 10 a: Exercise 11 a: <i>Dear Abby</i> 2:30 p: B I N G O 6 p: Card games	8:30 a: Daily Announcements 30 9 a: Bike Club meet up in the Therapy Room 11 a: Armchair travel: <i>Let's go to Sweden!</i> 2 p: Men's 3 p: Word searches 6 p: Uno		

****Calendar subject to change. Outside time dependent on weather conditions. All residents going outside are required to wear sunscreen provided by activity staff!****